

FEBRUARY 2015

# A SISTER'S HOPE

## Funding breast cancer research

Saving lives by funding research that looks for better treatments and a cure

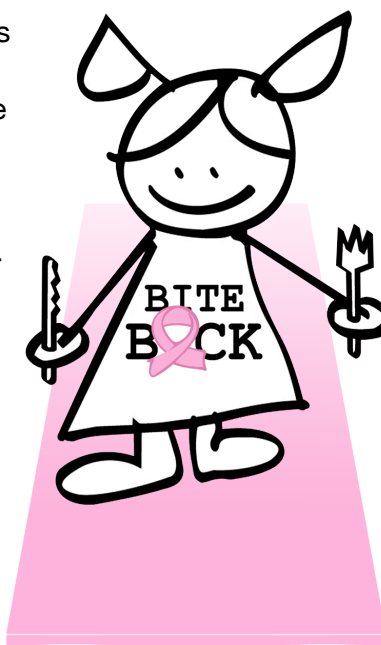


## BITE BACK at Breast Cancer is back! Eat out on March 24

**The Netherlands** - On Tuesday, Mar. 24, 2015, you can help researchers find cures for breast cancer, and all you have to do is go out to dinner that night at one of the restaurants participating in "Bite Back at Breast Cancer".

This event has been very successful over the past few years and as more restaurants join the action, more funds will go into research labs to save lives.

Between now and March 24, visit the website at [Bite Back at Breast Cancer](#) and find the restaurant of your choice. Reservations required. Contact the restaurant directly to make your reservation.



## Pink Moon-Muiderslot longer routes added

**Muiden** - The 2015 edition of the Pink Moon Run & Walk - Muiderslot, in Muiden, The Netherlands, will include new, longer routes of 13km and 18km. This addition is in response to requests we have received by people interested in an even greater physical challenge, so we expect an even larger turnout this summer!

Visit the website to get registered:  
[www.ASistersHope.org](http://www.ASistersHope.org)

## October 3-4 weekend will be 40 kilometers of FUN!

### A SISTER'S HOPE 40K

#### Amersfoort - Utrecht & Utrecht - Amersfoort

Choose your challenge!

- 👤 Walk 40K in one day
- 👤 Walk 40K over two days = 20K per day
- 👤 Run 40K over days = 20K per day

Each walker/runner must raise a minimum of \$900 in donations! (team discount with six persons or more)



Register now!

Registration closes at 600 participants!

**Amersfoort** - A Sister's Hope introduces its newest event: the 40K! While the focus of all events remains to raise as much money as possible for vital breast cancer research to save lives, this year's October two-day event gives participants their choice of a 40-kilometer walk in one day, or a 20-kilometer walk per day for two days, or a 20-kilometer run per day for two days. These options make the A Sister's Hope weekend one in which every person can participate, regardless of physical fitness level.

If you are not registered yet, go to [40K in The Netherlands](#) and start your fundraising and training today!

# A SISTER'S HOPE



Dr. Wilma Mesker, Leiden UMC, speaks about her breast cancer research to the crowd at the KickOff 2015 held in January in Amersfoort. Our sincere thanks to Paul Heistein at One Planet Foundation for his generous hospitality! Wilbert Zwart, AVL-NKI researcher, also shared insight on his project that is being funded by A Sister's Hope.

## Upcoming events

March 24  
Bite Back at  
Breast Cancer



Anne & Max Cafe, on Amstelveenseweg in Amsterdam, held a fund-raising action for A Sister's Hope! Pictured is Anne & Max manager Lisanne Booij, left, and Cathy Seabaugh of ASH.



Olga Commandeur, Ambassadrice of A Sister's Hope, got married!  
Congratulations to Olga and Frank!

Register  
for the Oct.  
3-4, 2015  
40K