

5 - Y E A R A N N I V E R S A R Y

# A SISTER'S HOPE

GOING FOR IT! WALKERS & CREW AIM FOR ONE MILLION-PLUS



## Training

*Walking 60 kilometers over two days is not easy and requires training. Check out "Olga's Tips" by Olga Commandeur for help.*

## Fund Raising

*Start NOW. Most important: ASK. Ask everyone you are connected with to support het goede doel with a donation.*

## ✧ Bussum-Amsterdam ✧

*Day One of A Sister's Hope 60K has a new starting point. Squash & Wellness Center in Bussum will host Friday check-in, Oct. 7, and will be the site of Opening Ceremony.*

### *New starting point in this anniversary year!*

Check-in for the event and opening ceremony of the two-day walk will take place at the Squash & Wellness Center in Bussum, a short walk from the Bussum-Zuid train station and the Bastion Hotel (which is important for those who want to spend Friday night nearby the opening ceremony.) This change has been made in response to walkers' suggestions to shorten the first day of the Walk weekend. The first day

will be a 30-kilometer walk into Weesp.

At the closing ceremony of this year's Walk, symbolic checks will be handed directly to the researchers being funded by all of your efforts. Pay close attention throughout the weekend because some of those researchers have done their own training and fund raising and will be walking alongside you this year!



Bastion Hotel Bussum-Zuid/  
Hilversum

Struikheiweg 3  
1406 TK Bussum  
Utrecht, Netherlands  
Tel.: [+31 \(0\)35-6920558](tel:+3120356920558)

Standard room € 72.50  
Deluxe room € 77.50  
local tax per person/night € 0.75

Each morning, starting at 6 am, a breakfast buffet is available for € 12.50 per person.

